

Alergeni alimentari / food allergens

Conform directivei 2000/13/CE a Parlamentului European si a Consiliului din 20 martie 2000, alergenii din alimente se pot incadra in urmatoarele grupe:

1. **Cereale care conțin gluten** (grau, secara, orz, ovaz, grau spelta, grau mare sau hibrizi ai acestora) si produsele derivate
2. **Crustacee** si produse derivate
3. **Oua** si produse derivate
4. **Peste** si produse derivate
5. **Arahide** si produse derivate
6. **Soia** si produse derivate
7. **Lapte** si produse derivate (inclusiv lactoza)
8. **Fructe cu coaja**, adica migdale (Prunus amygdalus), alune de padure (Corylus avellana), nuci (Juglans regia L), anacarde (Anacardium Occidentale), nuci Pecan (Carya illinoensis), wangeng.k.konh, nuci de Brazilia (bertholletia excels), fistic (Pistacia vera), nuci de Macadonia si nuci de Queensland (Mocadonia ternifolia) si produse variate
9. **Telina** si produse derivate
10. **Mustar** si produse derivate
11. **Seminte de susan** si produse derivate
12. **Dioxid de sulf si sulfiti** in concentratii de peste 10mg/kg sau 10ml/l
13. **Lupin** si produse derivate
14. **Moluste** si produse derivate

According to Directive 2000/13/CE of the European Parliament and of the Council of 20 March 2000, allergens in food can be classified in the following groups:

1. **Cereals** containing gluten (wheat, rye, barley, oats, spelled wheat, whole wheat or hybrids thereof) and derived products
2. **Crustaceans** and derived products
3. **Eggs** and derived products
4. **Fish** and derived products
5. **Peanuts** and derived products
6. **Soybeans** and derived products
7. **Milk** and milk products (including lactose)
8. **Nuts**, almonds (Prunus amygdalus), hazelnuts (Corylus avellana), nuts (Juglans regia L), cashews (Anacardium Occidentale), Pecan nuts (Carya illinoensis), wangeng.k.konh, Brazil nuts (bertholletia excels), pistachios (Pistacia vera), Macadonia nuts and Queensland nuts (Mocadonia ternifolia) and various products
9. **Celery** and derived products
10. **Mustard** and derived products
11. **Sesame seeds** and derived products
12. **Sulfur dioxide and sulfites** in concentrations over 10mg / kg or 10ml / l
13. **Lupine** and derived products
14. **Molluscs** and derived products

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